

**Summer 2017
Fortnightly Lunch menu**

Weeks beginning:

June 5th, 19th

July 3rd, 17th, 31st

August 14th, 28th

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

Lunch 12 – 2.30pm

Summer Braised Chicken with
Tomatoes
£9.00

Lemon and Rosemary
Chicken Kebab
£9.00

Chicken Tikka Masala
Mini Poppadum,
Mango Chutney
£9.90

Shepherd's Pie with crispy
Cheddar Mash
£9.00

Cheese, Bacon & Baby
Leek Quiche
£9.00

Cornish Fish Pie
With Rosti Topping
£10.90

Roast Sirloin of Beef
With Yorkshire pudding.
£12.95

Ginger – Glazed
Salmon Supreme
£10.90

Pumpkin Kale and Beef
Lasagne
£9.50

Honey & Mustard glazed
Gammon
£9.90

Pork Apple Cider Casserole
£9.50

Deep fried beer battered
North Sea Cod
£10.90

Roast Norfolk Turkey Crown
£10.90

Salmon Fillet with a White
wine, Shallot & Leek sauce
£10.90

Pesto, Tomato, Mozzarella
Quiche
£9.00

Cheddar, Red Onion,
Sweetcorn, filled
Jacket Potatoes
£5.00 with sides £8.00

Butternut Squash and
Caramelised Onion Galette
£9.00

Cheddar, Red Onion,
Sweetcorn filled
Jacket Potatoes
£5.00 with sides £8.00

Green Garden
Vegetable Pie
£9.00

Asparagus and Courgette
Summer Tarts
£9.00

Baked Stuffed Aubergine with
Cheese and Pesto
£9.50

Weeks beginning:

June 12th, 26th

July 10th, 24th

August 7th, 21st

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

Lunch 12 – 2.30pm

Seared Salmon with Avocado
Salsa Verde Leek Parcels
£10.90

Lamb Kebab,
Giant Cous Cous
£9.90

Chicken Tikka Masala
Mini Poppadum,
Mango Chutney
£9.90

Herb and Garlic
Pork Tenderloin,
Summer Ratatouille
£10.90

Beef Kebab,
Giant Cous Cous
£9.00

Jamaican Chicken with Rice
and Peas
£9.50

Roast Leg of English Lamb,
Vegetables & Rosemary
£12.95

Lemon and Rosemary
Chicken Kebab
£9.00

Summer Braised Chicken with
Tomatoes
£9.00

Honey & Mustard glazed
Gammon
£9.90

Cottage Pie with Crispy
Cheddar Mash
£9.00

Deep fried beer battered
North Sea Cod
£10.90

Roast Norfolk Turkey Crown
£10.90

Wine Braised Chicken with
Roasted Grapes
£10.00

Cheddar, Red Onion
Sweetcorn filled
Jacket Potatoes
£5.00 with sides £8.00

Creamy Spinach Lasagne
£9.00

Cheddar, Red Onion,
Sweetcorn filled
Jacket Potatoes
£5.00 with sides £8.00

Spinach and Gruyere Cheese
Quiche
£9.00

Macaroni with Gruyere
Cheese Crumb
£9.00

Rice and Lentil stuffed
Aubergines
£9.00

Butternut Squash
Spinach Filo Pie
£9.50